














Weekly Menu











Vac Care Week 1





	Monday 11/4/22	Tuesday 12/4/22	Wednesday 13/4/22	Thursday 14/4/22	Friday 15/4/22
Breakfast	Toast and Cereal 	Eggs on Toast 	Bacon and Eggs 	Hot Cross Buns 	GOOD FRIDAY
	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
Afternoon Tea	Nachos House made Mexican lamb and vegetable salsa served with corn chips and fresh vegetables <i>Vegetarian option available</i> 	Lamb Souvlaki Wraps Lamb Souvlaki wrapped with Tomato, Lettuce and Hommous <i>Vegetarian option available</i> 	Pizza Scrolls Puff pastry filled with chicken and Pizza toppings. <i>Vegetarian option available</i> 	Easter Egg Cookies	GOOD FRIDAY
Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.					

 Fruit and/or vegetables
  Wholegrains & cereals
  Dairy
  Protein



Vac Care Week 2

	Monday 18/4/22	Tuesday 19/4/22	Wednesday 20/4/22	Thursday 21/4/22	Friday 22/4/22
Breakfast	Easter Monday 	Eggs on Toast 	Warm Milo 	Toasties 	Smoothies 
	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
Afternoon Tea	Easter Monday 	Vegemite & Cheese Scrolls Puff pastry filled with cheese and Vegemite spread, baked in the oven. 	Chicken Bulgogi with Rice A traditional house made Korean chicken Bulgolgi served with Rice <i>Vegetarian option available</i> 	Chicken Gyros Chicken, lettuce, tomato and red onion in pita bread with a Greek tzaikzi <i>Vegetarian option available</i> 	Lebanese Bread with Spreads Lebanese bread served with traditional dips from all around the world 
Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.					

 Fruit and/or vegetables
  Wholegrains & cereals
  Dairy
  Protein